

SPECIAL OFFER

for Highbury Tennis Club members



The Physio Space

Injury recovery, prevention and expert assessment at **The Physio Space, Shine on the Green, Newington Green.**

Our Physiotherapy treatments include manual therapy such as joint mobilisation techniques, manipulation and soft tissue massage. Acupuncture can also be integrated into a treatment plan, in order to help manage your pain and release those tight muscles. We specialise in therapeutic and sport specific exercises, tailored for your particular condition, such

as Pilates and strength/conditioning exercises. This will help you to take part in your own recovery and enable effective self-management.

£5 OFF YOUR FIRST ASSESSMENT FOR ALL Highbury Tennis Club MEMBERS. JUST INFORM THE PHYSIO ON YOUR FIRST SESSION.

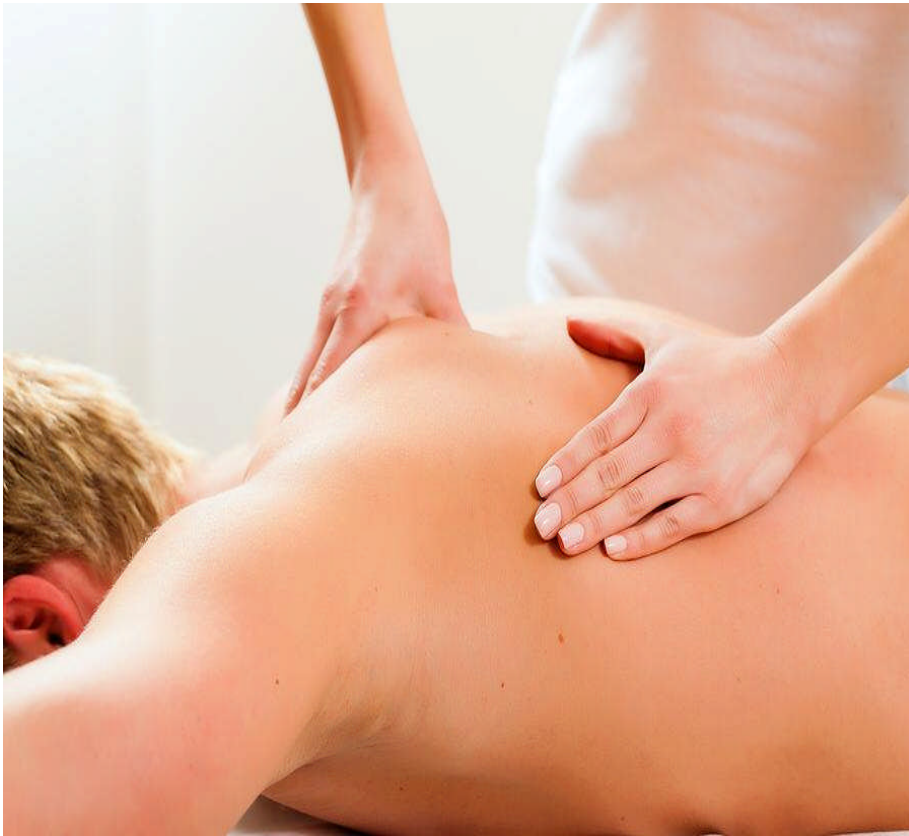
Appointments: Phone 020 7241 2065

Address:

[The Physio Space @:](#)

SHINE ON THE GREEN

Newington Green
20 Newington Green
N16 9PU



PHYSIOTHERAPY

£5 OFF YOUR FIRST APPOINTMENT

With This Flyer

Call 020 7241 2065 to make a booking.

Tuesdays 17.15-21.15

www.thephysio-space.co.uk



**NEW clinic at
Shine on the
Green**

**Expert Injury
Advice and
Treatment**

**Specialist
knowledge and
treatment of back
and neck pain**

**Wide range of
treatments used
including
acupuncture**

**We are passionate
about keeping you
active and healthy**

THE PHYSIO SPACE

Shine on the Green
Newington Green
N16

Find us on Twitter:

@thephysiospace