

TEAM	FIRST NAME	SURNAME
W1	Helen	Nuki
W2	Kalsang	Youdon
W3	Jane	Grimston
W4	Deborah	Cohen
<i>(W4 shared captaincy)</i>	Hana	Ichikawa
W5	Ruth	Barrett
M1	Andrew	Budge
M2	Simon	Moore
M3	Adam	Timmis
Mixed vets	Kate	Matthews
<i>(Mixed vets shared captaincy)</i>	Scott	Matthews